

FEBRUARY 2018 *MeadowSweet* Herbs & Flowers



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 	2	3	4
			Harvest, cultivate soil, weed, turn compost.			
5 	6 Sow root crops. Deal with	7 	8 ●	9	10	11
			Deal to weeds, harvest and prune. Dig in			
12 	13 Sow root crops. Prune.	14 	15	16 ●	17	18
			Prepare soil. Rest, plan and do odd jobs.			
19	20	21	22	23 ●	24	25
Fertile priod - sow, make cuttings, plant ou all leaf and fruit food crops.						
26	27	28	Recipe for pickled zucchini 10 cups zucchini 3 cups onion 4 red bell peppers 5 Tbsp salt 3 cups sugar 3 cups vinegar 1 Tbsp cornstarch 1 tsp turmeric 1 tsp coarse black pepper 1 tsp celery seed 1 tsp dry mustard seed			
			Grate vegetables in food processor and mix with salt in a large bowl and let stand overnight. Rinse and drain well and mix with the remaining ngrédients in a large pan. Boil for 30 minutes, pack and seal in hot sterlized jars. Keep refridgerated.			

Sow: Amaranth, Beetroot, Broccoli, Broad beans, Cabbage, Calendula, Carrot, Cauliflower, Chervil, Cleome, Coriander, Florence Fennel, Kale (also Cavolo Nero, Borekale, Collards), Kale Kohlrabi, Leeks and winter lettuces. NZ Spinach, Onion, Parsley, Parsnip, Peas, Phaceilia, Radish, Silverbeet and Spinach, Turnip, Viola

Plant: seedlings of most of the above for an earlier crop. Also Beans, Burdock, Cape gooseberry, Chicory, Chives, Dill, Lavender, Marigold, Marjoram, Okra, Oregano, Potato, Rocket, Sage, Sorrel, Yarrow.

Harvest: Continue to pick summer crops such as tomatoes, eggplant, zucchini. Remember the more chillies you pick, the more will grow!

Save seeds: Save seeds from your own plants to sow next year. Remember that seeds from F1 hybrids may not come true to type.

